

Hand Infections

(https://galwayem.ie/guidelines/trauma-and-musculoskeleta l/hand-infections)

Category

Trauma and Musculoskeletal (https://galwayem.ie/guidelines/trauma-and-musculoskeletal)

Acute paronychia

Usually staph. aureus

- Ask advice
- Pus confined to nail fold; I & D under ring block.
- Pus under nail; remove wedge of nail or whole nail under ring block.
- Antibiotics are rarely needed.

Chronic paronychia

Usually candida infection.

- Treat with antifungal cream rubbed into nail fold tds and every time patient gets hands wet.

Pulp space abscess

Usually staph. aureus

- If severe, X-ray to exclude osteomyelitis
- I & D over most tender spot, (mark before injecting L.A.)
- Antibiotics rarely needed

Severe infections eg tendon sheath infections, palmar space infections, severe cellulitis

- Refer to Hand Surgery service for iv antibiotics +/- exploration

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